



THE DATA ON THIS CONFIDENTIAL FORM IS ESSENTIAL IF WE ARE TO RENDER THE BEST PROFESSIONAL CARE. WE APPRECIATE YOUR COOPERATION IN FILLING IT OUT SO THAT WE WILL HAVE ACCURATE RECORDS. PLEASE PRINT - THANK YOU

DATE: _____

Email: _____

PERSONAL:

Provincial Health Care #: _____

Name _____ Male ___ Female ___ Phone _____ Cell #: _____

Home address _____ City _____ Province ___ Postal Code _____

Date of birth: Month _____ Day _____ Year _____ Height _____ Weight _____

Occupation _____ Employer _____ Work Phone _____

Name of Spouse _____ Number of children _____

(If patient is under 18 years of age, please give parent(s) name(s): _____)

Did someone refer you to our office? ___yes ___no If so, who may we thank? _____

Name of medical doctor _____

Is this a Workers' Compensation case? ___yes ___no Is this an injury from a Motor Vehicle Accident? ___yes ___no

What brings you to our office today? _____

CHIROPRACTIC INFORMATION: (If you have no joint symptoms or complaints and are here for Wellness Services only, please skip to "General Health Information" on page 2.)

| Please list your health concerns according to severity | Rate of severity 1 = mild 10 = worst possible | When did this episode start? | If you have had this before, when? | Did the problem begin with an injury? | % of time the pain is present | Is pain Dull? = D Or Sharp? = S |
|--|---|------------------------------|------------------------------------|---------------------------------------|-------------------------------|---------------------------------|
| 1. | /10 | | | Y / N | /100% | |
| 2. | /10 | | | Y / N | /100% | |
| 3. | /10 | | | Y / N | /100% | |
| 4. | /10 | | | Y / N | /100% | |

Does the pain radiate anywhere? ___yes ___no If so, where? _____

Since the problem started is it: About the same? ___ Getting better? ___ Getting worse? ___

Which activities aggravate your condition? _____

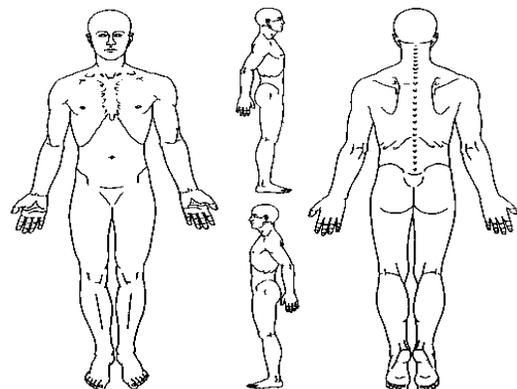
Does anything make it better? _____

Is this condition interfering with any of the following: Work ___ Sleep ___ Daily routine ___ Sports ___

Have you had previous chiropractic care? ___yes ___no Doctor's Name? _____

Indicate the location of the pain by marking the appropriate area on the picture to the right with the following symbols:

Burning - X
Aching - A
Stiffness - S
Dull Pain - D
Sharp/stabbing pain - P
Numbness/pins and needles - N



GENERAL HEALTH INFORMATION:

Are you currently seeing a medical specialist? ___ yes ___no For what? _____

List surgeries / year: 1. _____ / _____ 2. _____ / _____ 3. _____ / _____

Are you currently taking any medications or vitamins? ___yes ___no If so, which ones? _____

Accidents and/or injuries: auto, work related, or other (especially those related to your present problems) - type / year:

1. _____ / _____ 2. _____ / _____ 3. _____ / _____

Have you ever had x-rays taken? _____ When? _____ Where? _____

Do you wear orthotics or heel lifts? ___Yes ___No

| | |
|--|------------------------|
| Are you interested in knowing more about how your nutrition (food you eat) affects your overall health and well-being? | Yes___ No___ Maybe ___ |
| If dietary changes are indicated would you be willing to make changes in your diet? | Yes___ No___ Maybe___ |
| Would you take whole food supplements if indicated? | Yes___ No___ Maybe ___ |
| If specific exercises or stretching would help, would you consider adding them to your program? | Yes___ No___ Maybe___ |

How do you grade your physical health?

Excellent___ Good___ Fair___ Poor___ Getting better___ Getting worse___

How do you grade your emotional/mental health?

Excellent___ Good___ Fair___ Poor___ Getting better___ Getting worse___

FAMILY MEDICAL HEALTH INFORMATION:

Do you or an immediate family member have the history of any of the following:

| | | | | |
|--|---|--|--|---|
| <input type="checkbox"/> AIDS | <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Allergies | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> Bed Wetting | <input type="checkbox"/> Cancer | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Depression | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Hyperactivity | <input type="checkbox"/> Learning Disability | <input type="checkbox"/> Low Back Pain | <input type="checkbox"/> Multiple Sclerosis |
| <input type="checkbox"/> Schizophrenia | <input type="checkbox"/> Stomach Ulcers | <input type="checkbox"/> Venereal Disease | <input type="checkbox"/> Other _____ | |

PERSONAL MEDICAL HEALTH INFORMATION:

The following list of conditions may seem unrelated to the purpose of your visit. However, these questions must be answered carefully as these problems can affect your overall diagnosis, treatment plan and possibility of being accepted for care. Please mark which of the following you personally have had.

| | | | |
|--|--|--|---|
| <input type="checkbox"/> Appendicitis | <input type="checkbox"/> Malaria | <input type="checkbox"/> Chicken Pox | <input type="checkbox"/> Alcoholism |
| <input type="checkbox"/> Scarlet Fever | <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Venereal Disease |
| <input type="checkbox"/> Small Pox | <input type="checkbox"/> Whooping Cough | <input type="checkbox"/> Cancer | <input type="checkbox"/> Arthritis |
| <input type="checkbox"/> Hardening of Arteries | <input type="checkbox"/> Anemia | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Epilepsy |
| <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Measles | <input type="checkbox"/> Goiter | <input type="checkbox"/> Mental Disorder |
| <input type="checkbox"/> Bone spurs | <input type="checkbox"/> Mumps | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Low Back Pain |
| <input type="checkbox"/> Polio | <input type="checkbox"/> Rheumatic Fever | <input type="checkbox"/> Whiplash | <input type="checkbox"/> Eczema |

Please check any of the following you have had within the **PAST 6 MONTHS**:

MUSCULO-SKELETAL

- Low back pain
- Pain between shoulders
- Neck pain
- Arm pain
- Joint pain/stiffness
- Walking problems
- Problems chewing/clicking jaw

NERVOUS SYSTEM

- Numbness, loss of sensation, strength or weakness in the face, fingers, hands, arms, legs
- Paralysis
- Dizziness
- Forgetfulness
- Fainting/Sudden collapse
- Convulsions
- Cold/tingling extremities
- Visual disturbances (blurring, loss, double)

GENERAL

- Allergies
- Loss of sleep
- Fever
- Headaches
- Mood swings
- Slurred speech

GASTROINTESTINAL

- Poor-excessive thirst
- Frequent nausea
- Vomiting
- Diarrhea
- Constipation
- Hemorrhoids
- Liver trouble
- Gas/bloating after meals
- Heartburn
- Black/bloody stool
- Colitis

GENITO-URINARY

- Bladder trouble
- Painful/excessive urination
- Discolored urine

CVR

- Chest pain
- Short breath
- Blood pressure problems
- Irregular heartbeat
- Heart problems
- Lung problems/congestion
- Varicose veins
- Ankle swelling
- Loss of consciousness/blackout
- Stroke

EENT CODE

- Vision problems
- Dental problems
- Sore throat
- Earaches
- Hearing difficulties
- Stuffed nose/sinus problems

MALE/FEMALE CODE

- Menstrual irregularities
- Menstrual cramping
- Vaginal pain/infections
- Breast pain/lumps
- Prostate/sexual dysfunction
- Genital herpes
-

FEMALES:

Are you pregnant? __yes __no

Menopausal? __yes __no

Date of last period _____

STRESSORS:

Because accumulation of stress affects our health and ability to heal, please list your top three stresses (you have ever had) in each category:

1. Physical stress (falls, accidents, work postures, etc.)

- a. _____
- b. _____
- c. _____

2. Biochemical stress (smoke, unhealthy foods, missed meals, don't drink enough water, drugs/alcohol, mold, etc.)

- a. _____
- b. _____
- c. _____

3. Psychological and mental/emotional stress (work, relationships, finances, self-esteem, etc.)

- a. _____
- b. _____
- c. _____